

TIPS FOR MEETING WITH YOUR LEGISLATOR (VIRTUALLY)



Find a quiet place that is bright for the best sound and camera quality.



Stay hydrated — keep a water bottle or some tea nearby!



We want to hear you, so headphones/earphones are the key to success!



Virtual meetings go a lot better when using a computer or tablet (not cellphone).



Take time to focus and control your breathing — you got it!



Remember, your story matters and why they should help. Share it with confidence.

!! Please do not record your meeting. You are welcome to take a picture of the meeting and share on social media with the permission of everyone attending. !!