

2022 COVERAGE FOR SCD SUMMIT

Best Practices for Payer Management of Sickle Cell Disease (SCD)

> August 31, 2022 12 – 4 PM

*All Time are reflected in EDT





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Welcome



Ashley Valentine, MRes Co-Founder and President of Sick Cells

SICK

Meet the Valentines



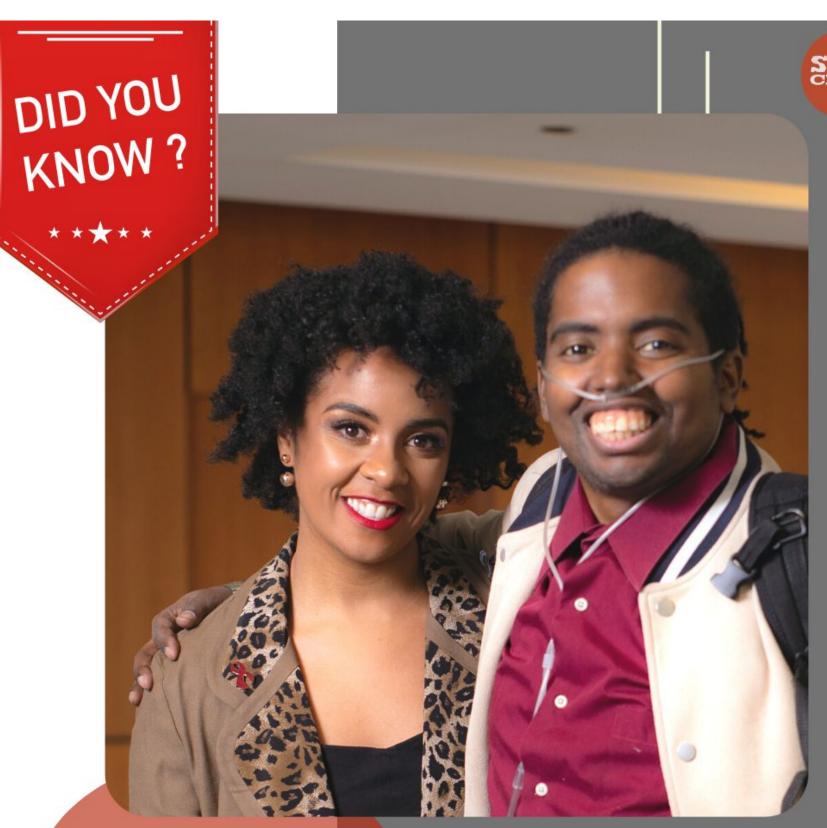
Marqus and Ashley Valentine Co-Founder of Sick Cells

SICK CELLS

Sick Cells is a sickle cell disease (SCD) advocacy nonprofit founded February 28, 2017.

Sick Cells' mission is to elevate the voices of the SCD community and their stories of resilience. In highlighting the grave disparities this community faces, we hope to influence decision-makers and propel change.

Who We Are



Sick Cells was Sick Cells was co-founded by sibling duo
Ashley & Marqus
Valentine





CELLS

and their stories of resilience.







Sick Cells seeks to elevate the voices of the sickle cell disease (SCD) community



Humanize



Drive



Inspire



Empower

AGENDA

*All times listed in EDT

12:00 - 12:30 PM **OPENING & KEYNOTE**

- Opening by Ashley Valentine

12:30 - 1:00 PM THE STATE OF ACCESS IN MEDICAID FOR PRESCRIPTION DRUGS TREATING SICKLE CELL DISEASE

1:00 - 2:00 PM**IMPROVING EQUITY AND AFFORDABILITY OF SCD THERAPIES: BEST PRACTICES IN BENEFIT DESIGN & PAYER MANAGEMENT**

- CE/CME Accredited Session

• Keynote presentation by Dr. Ahmar Zaidi

Presentation by Maggie Jalowsky and Emma Andelson from Sick Cells

Faculty includes Francesca Valentine, Dr. Shivi Jain, Dr. Emily

Tsiao, Dr. Terry Cothran, and Dr. Terry Richardson







AGENDA (CONTINUED)

*All times listed in EDT

2:00 - 3:00 PMPATIENT JOURNEY SPOTLIGHT: WHAT DOES ACCESS AND **COVERAGE LOOK LIKE FOR PATIENTS?**

- Chifuan Powell

3:00 - 4:00 PM

- Moderation by Adrienne Shapiro

Discussion by Khristina Reid, Rae Blaylark, Blaze Eppinger, and

Followed by a 10-minute stretch break

A MANAGED CARE APPROACH FOR SCD & CLOSING

• Presentations by John Stancil, Dr. John Watkins, and Chanell Grismore

Closing reflections by Ashley Valentine





THANK YOU TO OUR SPONSORS





THE SICKLE CASTE: RE-HUMANIZING SICKLE CELL CARE <u>TOGETHER</u>



Speaker: Ahmar U Zaidi, MD

Time: 12 - 12:25 PM EDT

Dr. Ahmar U. Zaidi



KEYNOTE PRESENTATION:



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the sickle caste: re-humanizing sickle cell care together Ahmar U. Zaidi, MD @drzsicklecell



Disclosures

- Employment and Equity:
 - AUZ is an employee of Agios Pharmaceuticals, Inc.
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The Presbyt	erian H
EXAI	MINATION
Case Number Name of Patient Noel	
	OPICAL A
Erythrocytes per cu. mm. (Thoma Zeiss).	2,880,0
Leucocytes per cu. mm. (Thoma Zeiss).	15,25
Hemoglobin (Von Fleischl)	507
Specific gravity	00/
Color index	
	MICROSC
Erythrocytes-Color	Frech Sp
Size migular - 4	auguringe
Leucocytes-Apparent increase in number	verafi signal
Ratio of granular to non-granul	ar
Fibrin Bloo	d-platelets
Plasmodium malariæ	
Miscellaneous	

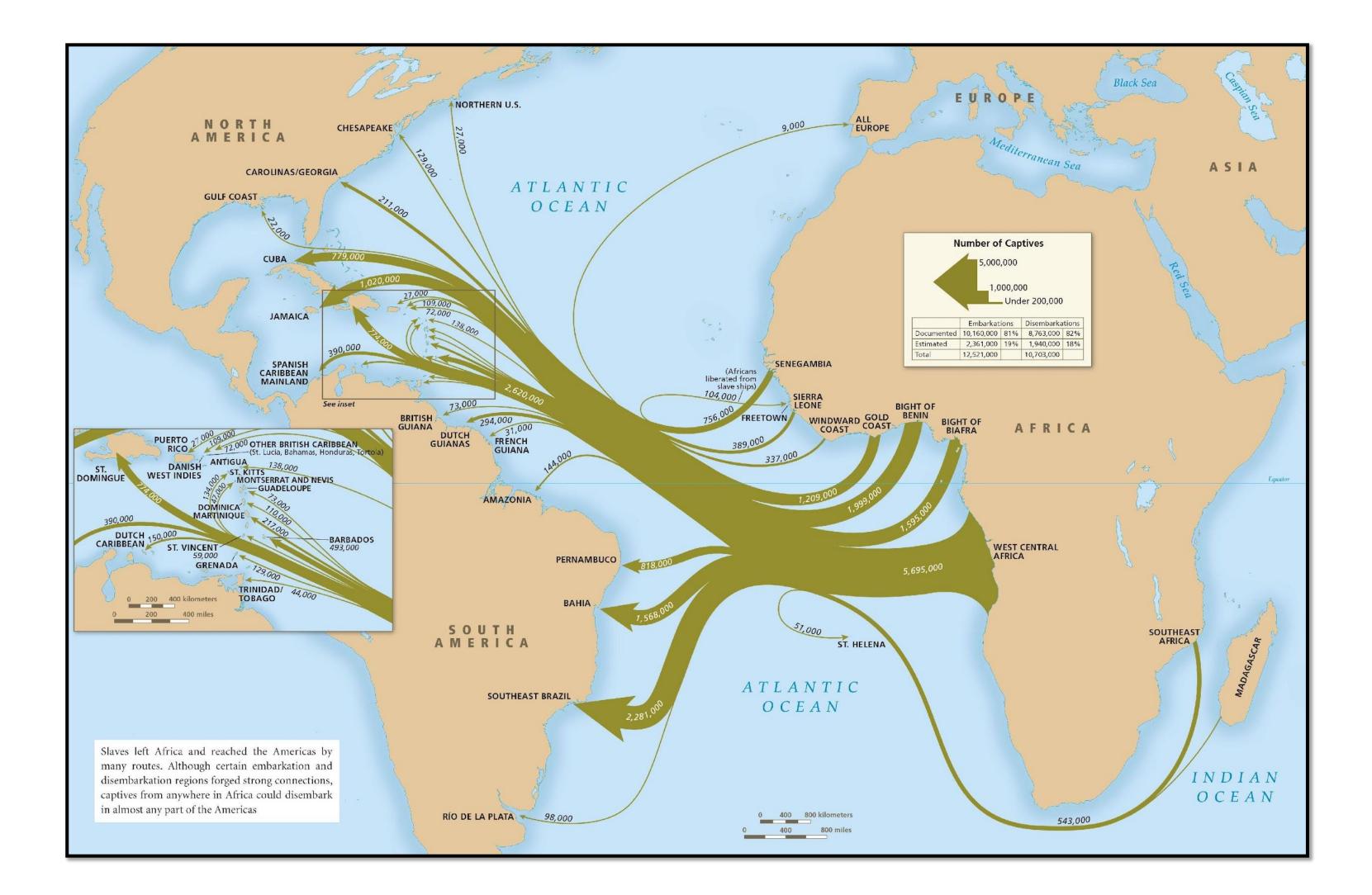


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Walter Clement Noel

Plaulier Elongated and Sickle shaped Res Blood Corpuscher in a Care of This care is reported because of the unusual blood finding, no duflicate of which I have ever seen described. a freakish pository tonis Whether the those ficture represents merely some odd frank or the providence of some factures die and will factor that the source of some factures die and will factor the This may in the future be determining for reporting I cannot at prent aminer. I report discovered by the recognition of other similar cases in the fature one details that may seen non-receptively their had gasimilar blood condition informed in the set a comparison of clinical contribution may help in adoing the problem. The fatient was a ulilligent negro of twenty who his been in the finilet States there months and

1619: The Trans-Atlantic Slave Trade



"All the good qualities of this tea,... praised as they are, cannot however prevent the sickliness of the inhabitants, especially prevalent in the low, overflowed, and swampy parts of this country, and giving the people a pale, yellow, and prematurely old look...and visited with numerous fevers..."

- Dr. Johann Schoepf in 1783 as he traveled through the Carolinas

"the poor, unfortunate man had leg ulcers and...an absent spleen."

- Lebby, R. Case of Absence of the Spleen.

Southern Journal of Medical Pharmacology (1846)

"The Patients"



There has been a systematic dehumanization of patients with sickle cell disease, within the confines of structural racism that they face.

- We are all responsible for its persistence.
- We will be responsible for its dismantling.

Disparity in every realm of health

CARDIOVASCULAR DISEASE

- 3x more likely to develop
- 2x more likely to die from
- less likely to receive treatment of choice
- less likely to get preventative measures
- more likely for early discharge

KIDNEY DISEASE

black patients get more dialysis and less organ transplant

CANCER

- NCI: "when black people get equal care to white people, survival rates are equal"
- later diagnosis
- less treatment
- less intervention

Obesity and childhood obesity

- ¥8 percent of adults are obese.³
- High rates of severe childhood obesity.⁴

Diabetes

- 80 percent more likely to be diagnosed with diabetes.
- 2.4 times more likely to begin treatment for end-stage renal disease.⁵
- 1.7 times more likely to be hospitalized.⁵
- 20 percent more likely to have visual impairments.⁵

Heart disease

- Men are 30 percent and women 60 percent more likely to have high blood pressure.6
- Less likely to keep their blood pressure under control.⁷
- Men have twice the risk of first time stroke.⁸

Cancer

- Women are 40 percent more likely to die of breast cancer.⁹
- Men are 1.3 times more likely to have new cases of colorectal cancer.9

Maternal and child health

- Children are 1.8 times more likely to have ever been told they have asthma.¹⁰
- 3.5 times as likely to die as infants due to complications related to low birthweight.¹¹
- 2.2 times higher infant mortality rate.¹¹

Mental health

- 20 percent more likely to report psychological distress.¹²
 - 50 percent less likely to receive counseling or mental health treatment.¹²





Vulnerable populations disproportionately affected by COVID-19

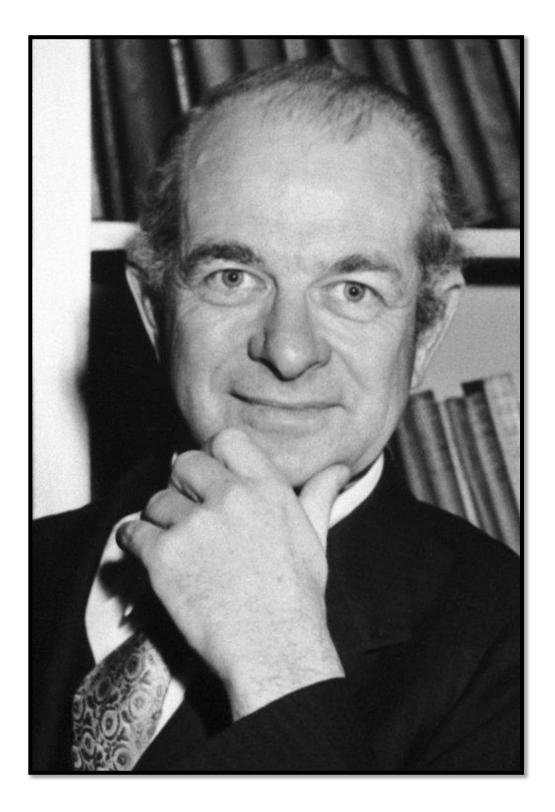
Risk for COVID-19 Infection Race/Ethnicity

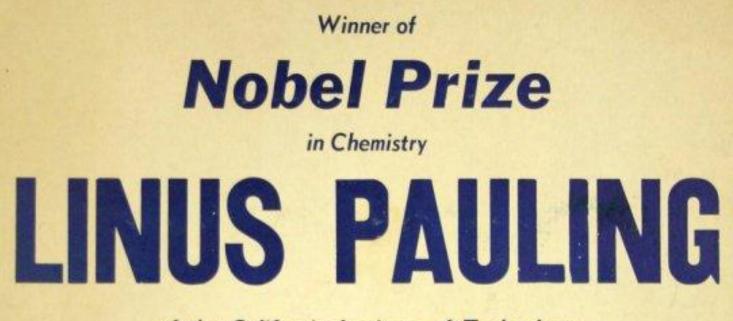
Updated Mar. 25, 2022 Print

Rate ratios compared to White, Non-Hispanic persons	American Indian or Alaska Native, Non- Hispanic persons	Asian, Non- Hispanic persons	Black or African American, Non- Hispanic persons	Hispanic or Latino persons
Cases ¹	1.6x	0.7x	1.1x	1.5x
Hospitalization ²	3.1x	0.8x	2.4x	2.3x
Death ³	2.1x	0.8x	1.7x	1.8x

Risk for COVID-19 Infection, Hospitalization, and Death By







of the California Institute of Technology

Lecturing on

"Abnormal Human Hemoglobin Molecules in Relation to Disease"

TUESDAY, NOVEMBER 6 8:15 P.M.

TODD AUDITORIUM - - - PULLMAN

Sponsored by: Washington-Idaho Border Section American Chemical Society

About 600 anditions.

November 25, 1949, Vol. 110

SCIENCE

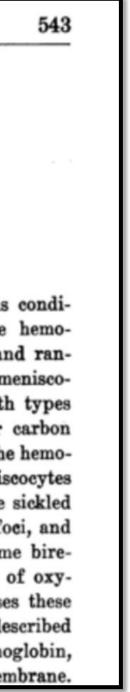
Sickle Cell Anemia, a Molecular Disease¹

Linus Pauling, Harvey A. Itano,² S. J. Singer,² and Ibert C. Wells³

Gates and Crellin Laboratories of Chemistry, California Institute of Technology, Pasadena, California⁴

HE ERYTHROCYTES of certain individuals possess the capacity to undergo reversible changes in shape in response to changes in the partial pressure of oxygen. When the oxygen pressure is lowered, these cells change their forms from the normal biconcave disk to crescent, holly wreath, and other forms. This process is known as sickling. About 8 percent of American Negroes possess this characteristic; usually they exhibit no pathological consequences ascribable to it. These people are said to have sicklemia, or sickle cell trait. However, about 1 in 40 (4) of these individuals whose cells are capable of sickling suffer from a severe chronic anemia resulting from excessive destruction of their erythrocytes; the term sickle cell anemia is applied to their condition.

that form from normal erythrocytes. In this condition they are termed promeniscocytes. The hemoglobin appears to be uniformly distributed and randomly oriented within normal cells and promeniscocytes, and no birefringence is observed. Both types of cells are very flexible. If the oxygen or carbon monoxide is removed, however, transforming the hemoglobin to the uncombined state, the promeniscocytes undergo sickling. The hemoglobin within the sickled cells appears to aggregate into one or more foci, and the cell membranes collapse. The cells become birefringent (11) and quite rigid. The addition of oxygen or carbon monoxide to these cells reverses these phenomena. Thus the physical effects just described depend on the state of combination of the hemoglobin, and only secondarily, if at all, on the cell membrane.



Bad Genes and Marriage

By BARBARA YUNCKER

cessive genes of severe inherit- . . . or, more likely, very early dilute and cure the concentrated able disease should probably not embryonic diagnosis of gross social and medical ills" of urban have children, two famed scien- derangements of the chromo- slum areas in cooperative protists advised today in order not somal apparatus"-presumably grams with their residents. to increase the bad-gene load of with therapeutic abortion, the race.

Sir Peter Medawar of London sion at City College, said: "I and Dr. Linus Pauling, who agree we should keep these car- tuberculosis rates in certain holds the prize both for chemis- riers from marrying one antry and for peace efforts. They other. I have advised, not enwere in town to participate in tirely joking, that individuals the dedication of the new Mount should have tattooed on their Sinai School of Medicine and foreheads symbols for the deinauguration of its president fective genes they carry . . . and dean, Dr. George James.

ored pioneer work in the under. ribald friend suggests it would the day-long celebration of the standing of immunology and tis. be better to tattoo the symbols sue rejection, said two carriers n Braille on their abdomens. of the same defective gene-for Cooley's anemia or the retardation deficiency PKU, for example-"should be discouraged from marrying each other" because half their children will be children will be victims.

such a policy violates an ele- area of ferment in medicine mentary right of human beings." | would be in study of the nervous Medawar said, "No one has system. conferred upon human beings the right knowingly to bring about man, compared to what maimed or biochemically crip- we would like to know, the nerpled children into the world."

Genetic Inflation

Even with such limitations, he said, "The frequency of the malignant gene will steadily panel, Dr. George W. Beadle, rise . . . We are dealing here now president of the University with a genetic equivalent of in. of Chicago, who elucidated how flationary economics; we seem genes direct production of ento be getting on all right, but zymes, stressed social responsi-

could come through medical ad- own and Sinai are. He warned vances such as direct genetic that "black separatism may

Persons who carry the re- likely, but not inconceivable trend . . . to [help] disperse,

The two are Nobel laureates the "Future of Medicine" ses- define the very concept of med-

"Because of certain objec-Sir Peter, whose prize hon- tions which might be raised, a

> he said, can produce carriers, citizens and private instituion so they "have an obligation to produce a decreased number of hildren, at least."

Dr. Francis H. C. Crick of Cambridge, who won a Nobel carriers and a quarter of their for his share in deciphering the structure of DNA, the basic gen-"It is humbug to say that etic material, predicted the new

> "f all the things we know vous system is the one we know least . . . It is complex and we are complex for that reason."

The fourth Nobelist on the the currency is deteriorating." bility of medical schools, partic-Countries to this he said, ularly in urban centers, as his

repair which he called "not counteract and even reverse the

James in his inaugural ad-Pauling, speaking later at dress stressed the need to "reical care. The tenfold higher areas of our city do not mean that the tuberculosis organism is more virulent there or that our drugs are any less effective in such areas. It must be the poverty and all that accompanies this which is responsible." Govc. Rockefeller, in closing new school affiliated with the City University of New York, Carriers who marry normals, praised it as proof hat "private

citizens and private initiative

and private enterprise can do



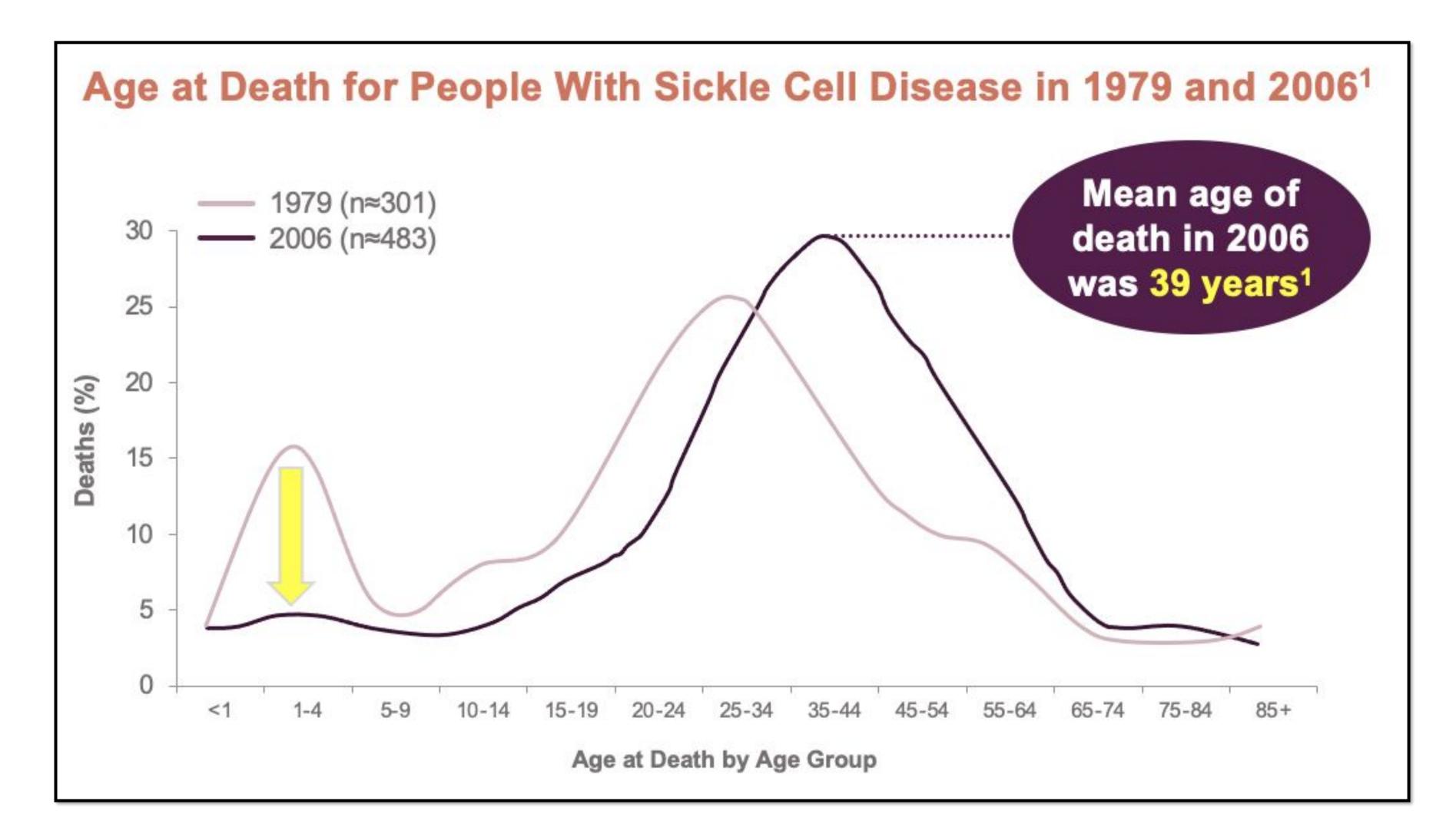
speaking later Pauling, at "Future of Medicine" session at City College, said: "I agree we should keep these carriers from marrying one another. I have advised, not entirely joking, that individuals should have tattooed on their foreheads symbols for the defective genes they carry "Because of certain objections which might be raised, a ribald friend suggests it would be better to tattoo the symbols n Braille on their abdomens. Carriers who marry normals, he said, can produce carriers, so they "have an obligation to produce a decreased number of children, at least."



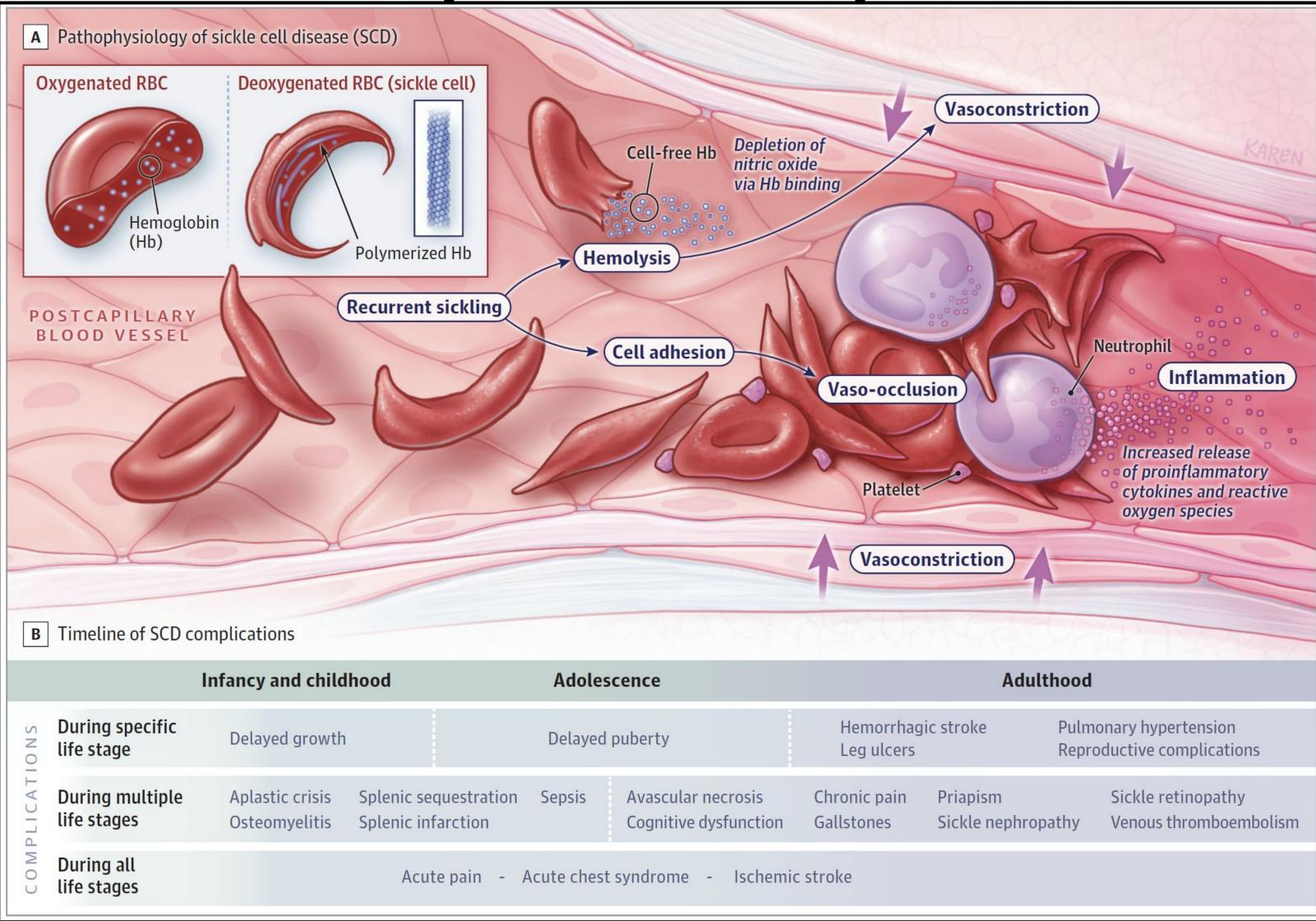
- Patients with sickle cell disease: • wait longer in emergency rooms
 - wait longer for their first medication
 - aren't believed when reporting pain scores
 - are stigmatized and shunned
 - have disparate research funding when compared to other rare diseases
 - don't have appropriate management of pain/disease

Predictable and heartless outcomes.

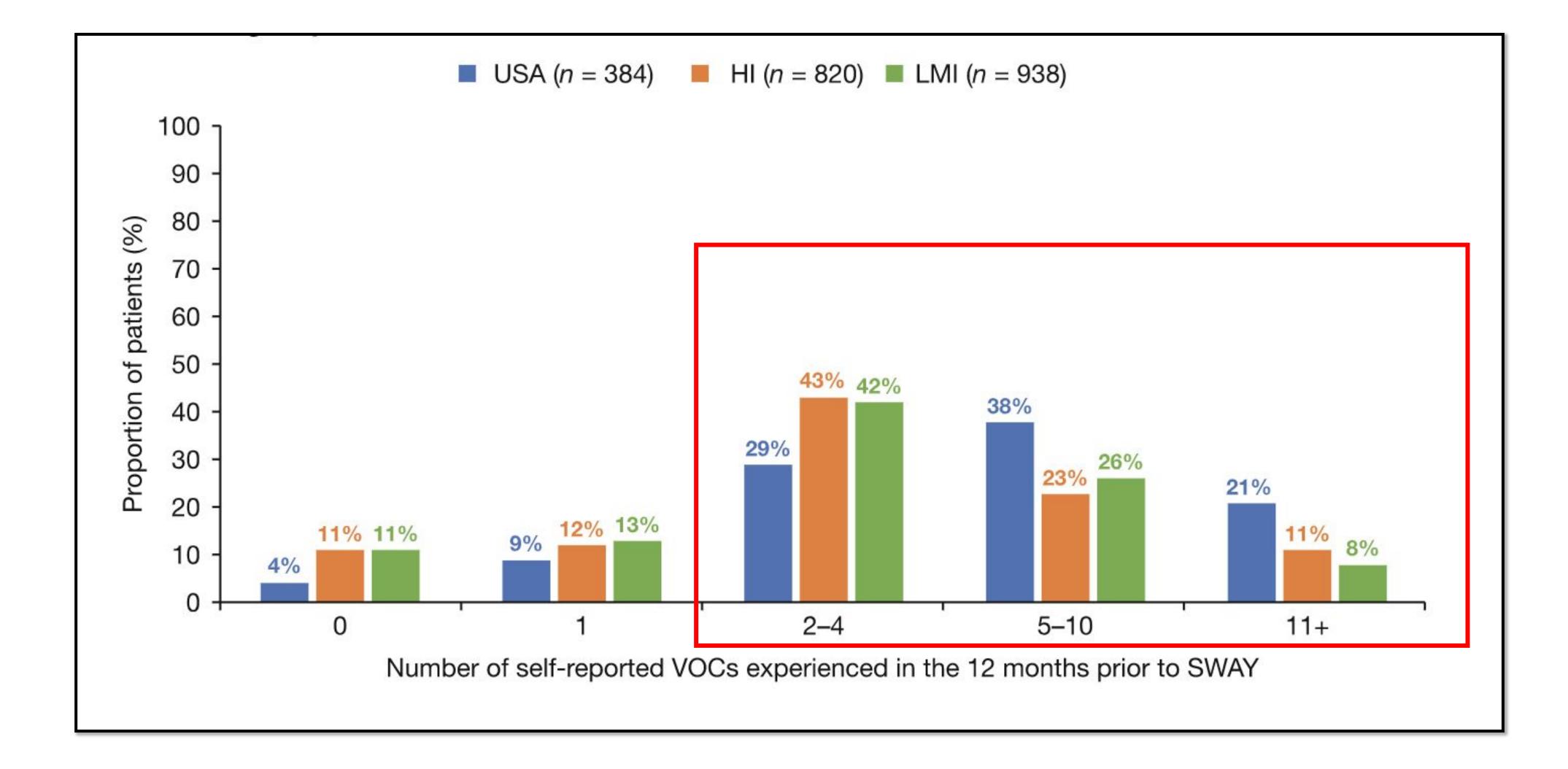
SCD survival echoes a history of "not caring" about the Black health in this country.



The biology of sickle cell disease is simultaneously simple and complex.



Most patients experience > 2 VOCs a year.



Healthcare costs of VOC per episode by location.



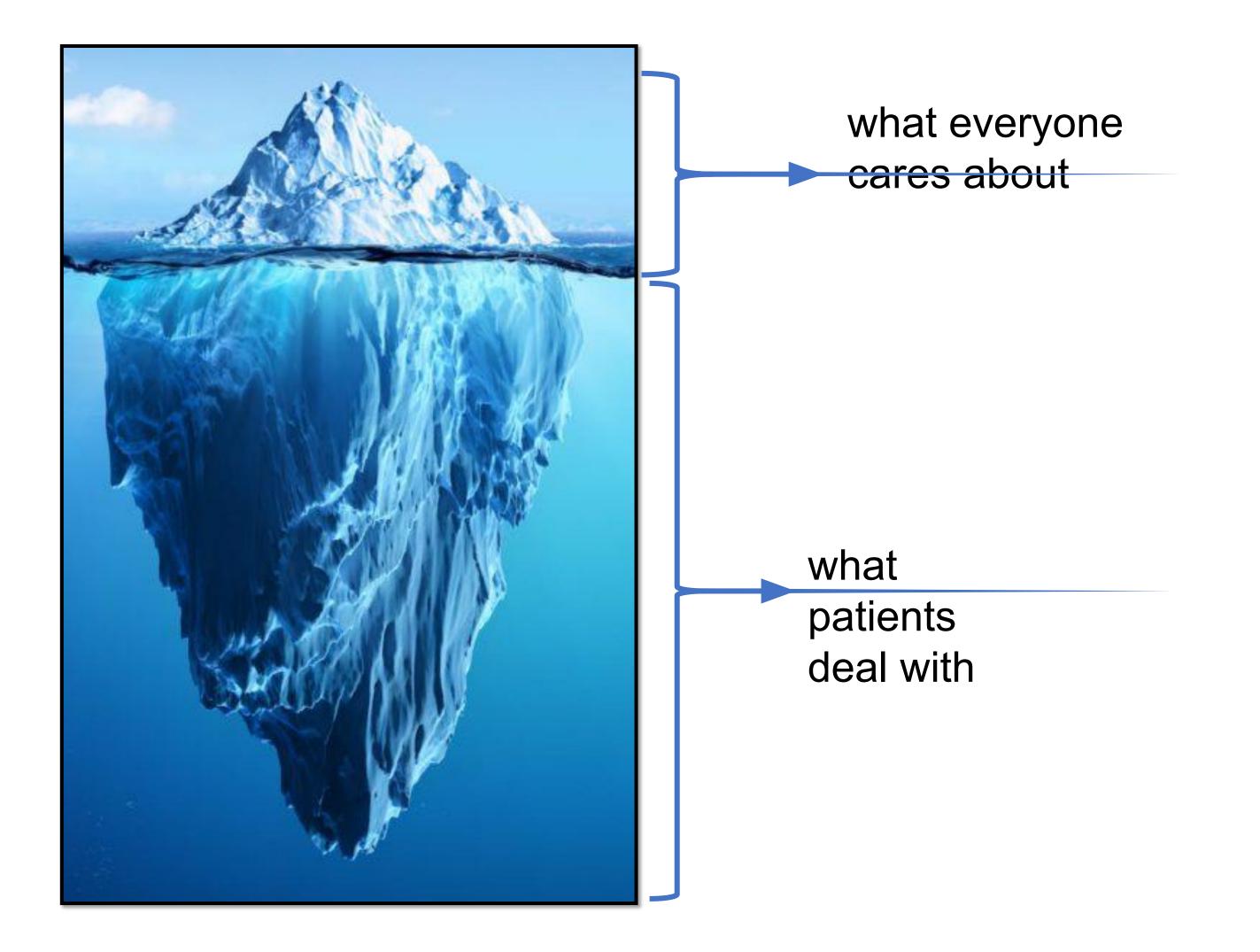
Pain Crisis de	Cost per Outpatient Pain Crisis Episode	Cost per Office Pain Crisis Episode	Cost per Other Pain Crisis Episode	
		\$306		
2	\$695		\$1243	
8				

VOC has a severe impact on medical resource use and costs among the adult SCD population.

- ~ 8000 eligible adult patients
- The average total annual medical costs were \$34,136 and SCD accounted for 60% of the total costs
- (mean = \$58,950) across all settings.
- Health care resource utilization (HCRU) and costs increased substantially as the number of VOC episodes increased.

Patients with >3 episodes had the highest annual SCD-related costs

Pain is complicated.



SCD is not a disorder of pain, it is a disorder of \downarrow life expectancy, accelerated aging and organ failure.

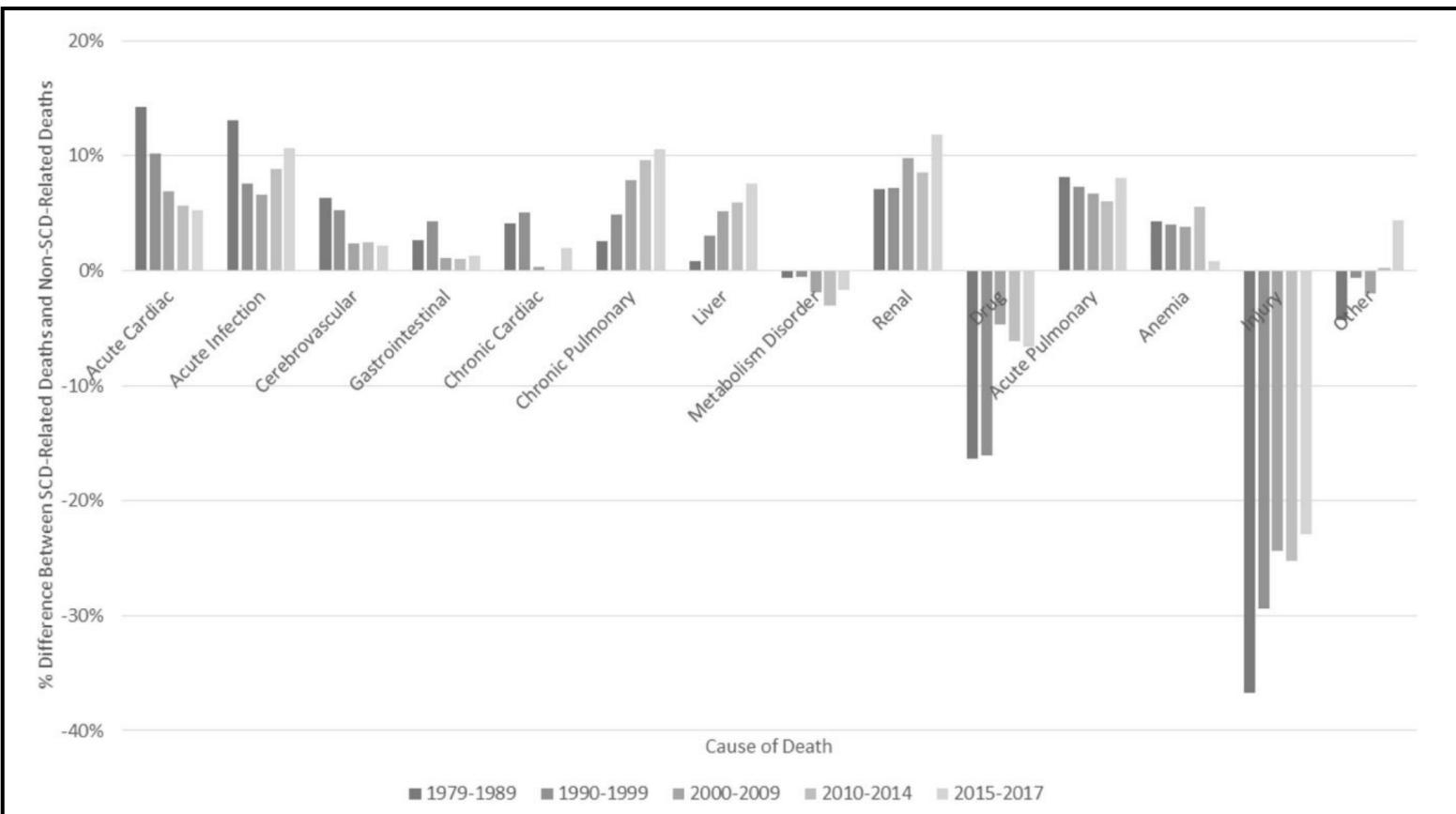


Figure 4. Comparison of SCD and non-SCD race-, age-, sex-, and year-of-birth-matched deaths by period, 1979 to 2017, showing only causes of death reported in at least 5% of deaths. Percentage difference indicates the difference in the percentage of deaths attributable to a given cause of death between sickle cell-related deaths and non-sickle cell-related deaths. Above 0% indicates cause of death is more common in SCD-related deaths. Below 0% indicates cause of death is less common in SCD-related deaths.

The direct economic burden of SCD is substantial.

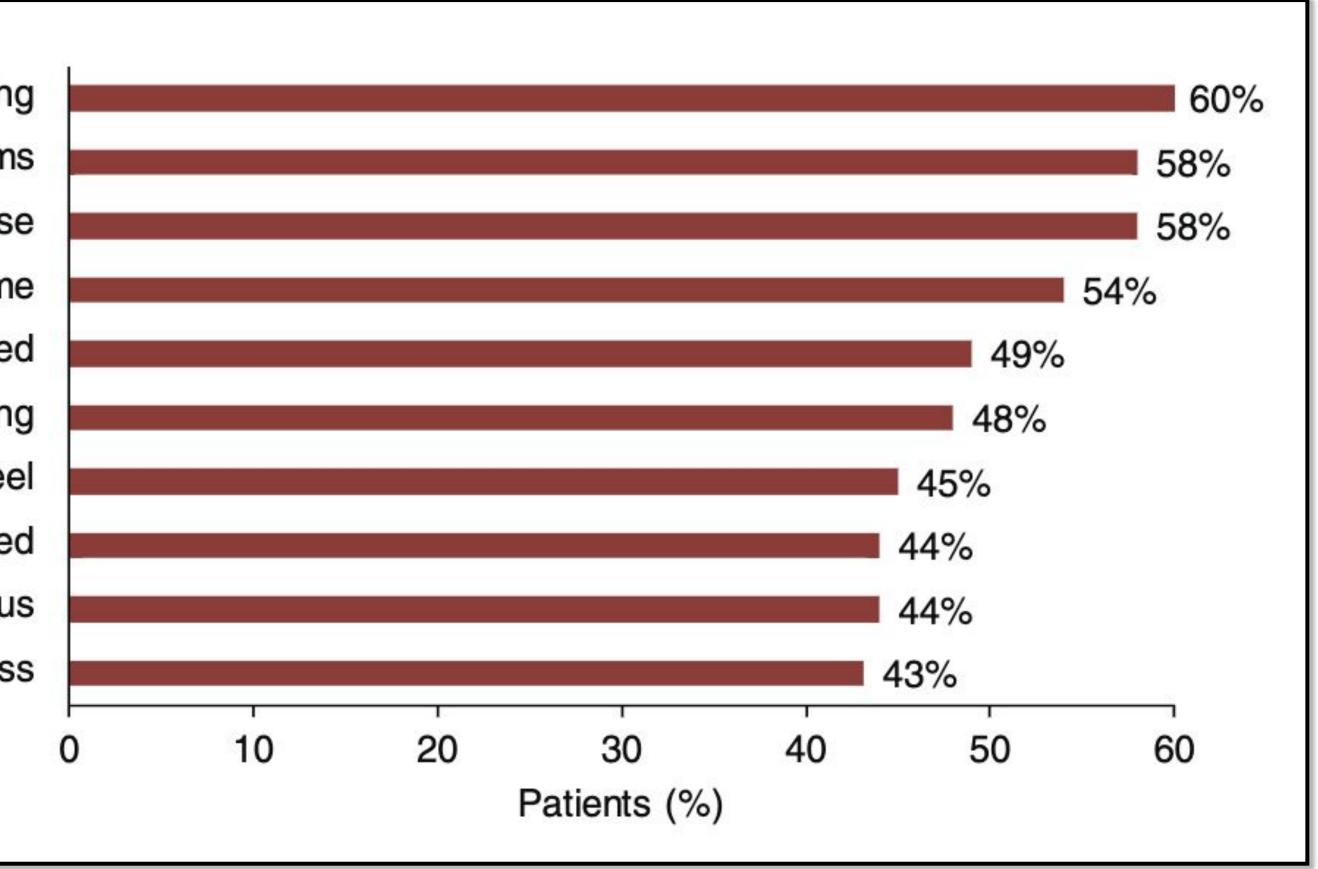
- The lifetime care costs of SCD is ~ \$1.7 million. 907% more than healthy controls
- The corresponding out of pocket estimates were ~ \$42,000. 285% more than healthy controls
- Payers bore >95% of these costs, and the rest were paid by patients out of pocket.
- The annual OOP burden of SCD is more than 3% of the median household income of Black Americans, whose income and assets are already far below those of White Americans

SCD is a BIOPSCYHOSOCIAL disease.

- Overall, I think SCD impacts my emotional wellbeing
- I feel frustrated with having to put up with my symptoms
 - I worry that my SCD will get worse
- I worry about family/friends/children who have to take care of me I feel stressed

(B)

- I worry about dying
- I am worried that I often feel worse than my doctor thinks I feel
 - I feel depressed
 - I often feel anxious/nervous
 - I feel helpless



The sociocultural, structural and access/quality issues also play a major part.

Intrinsic factors

Disease burden

Complication frequency and chronicity

Psychological dynamics

Self-image, coping strategies, stress, fear, depression, and anxiety

Sociocultural factors

Relationships

Family, significant others, friends, and support systems

Education and employment

Academic support and resources, academic attainment, and vocational support and stability

Health care factors

Access and quality

Stigma and bias; limited insurance coverage, sickle cell disease (SCD) specialists, and SCD guideline implementation

Therapeutic options

Genotypic and phenotypic variability, variable efficacy and adverse effects, limited options and availability, and limited clinical trial availability and eligibility

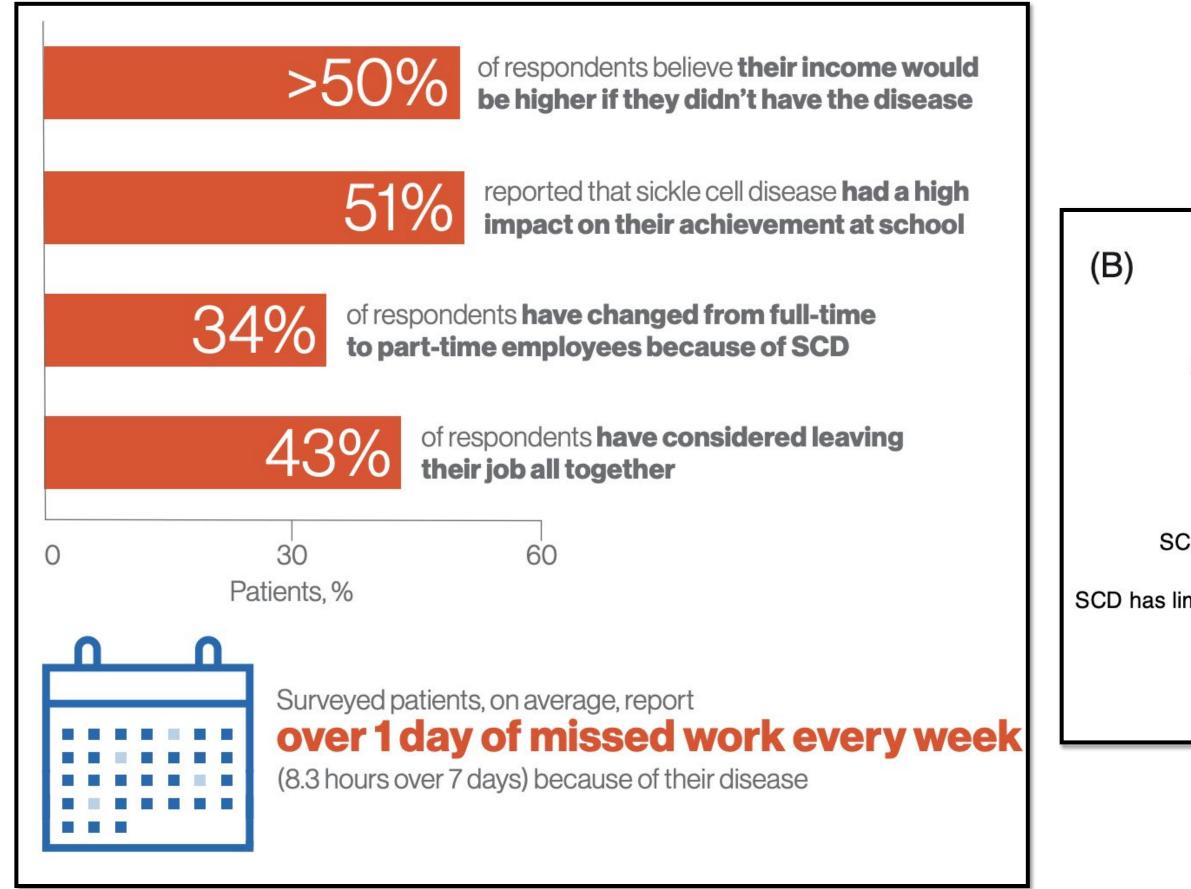
Structural factors

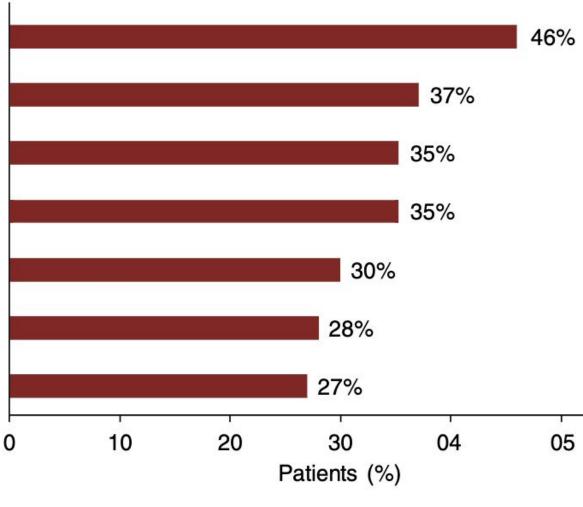
Systemic injustices, institutionalized racism, and historical framework

Disenfranchised population, generational and neighborhood poverty, disproportionate environmental exposures, and disparate funding



What is the cost of missed work and school?





(B) SCD has reduced my attendance at school*
SCD has affected my school performance in a bad way*
SCD has had a bad effect on my performance in school tests*
SCD has had a bad effect on my performance in homework*
SCD has had a bad effect on my performance in homework*
SCD has lowered my interest in school*
SCD has caused me to repeat a year or retake a class at school*
SCD has limited or stopped me from progressing further in my education*

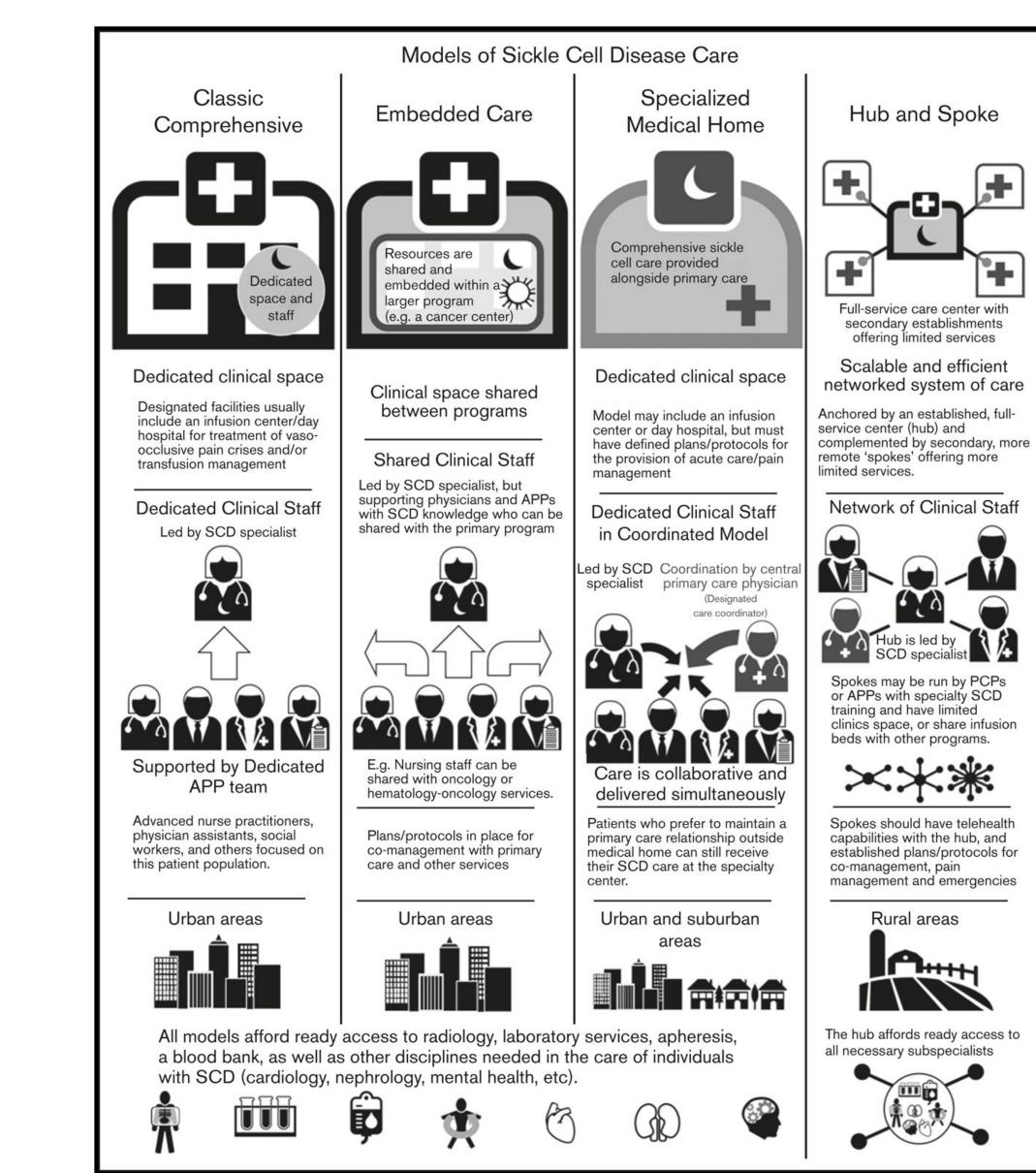


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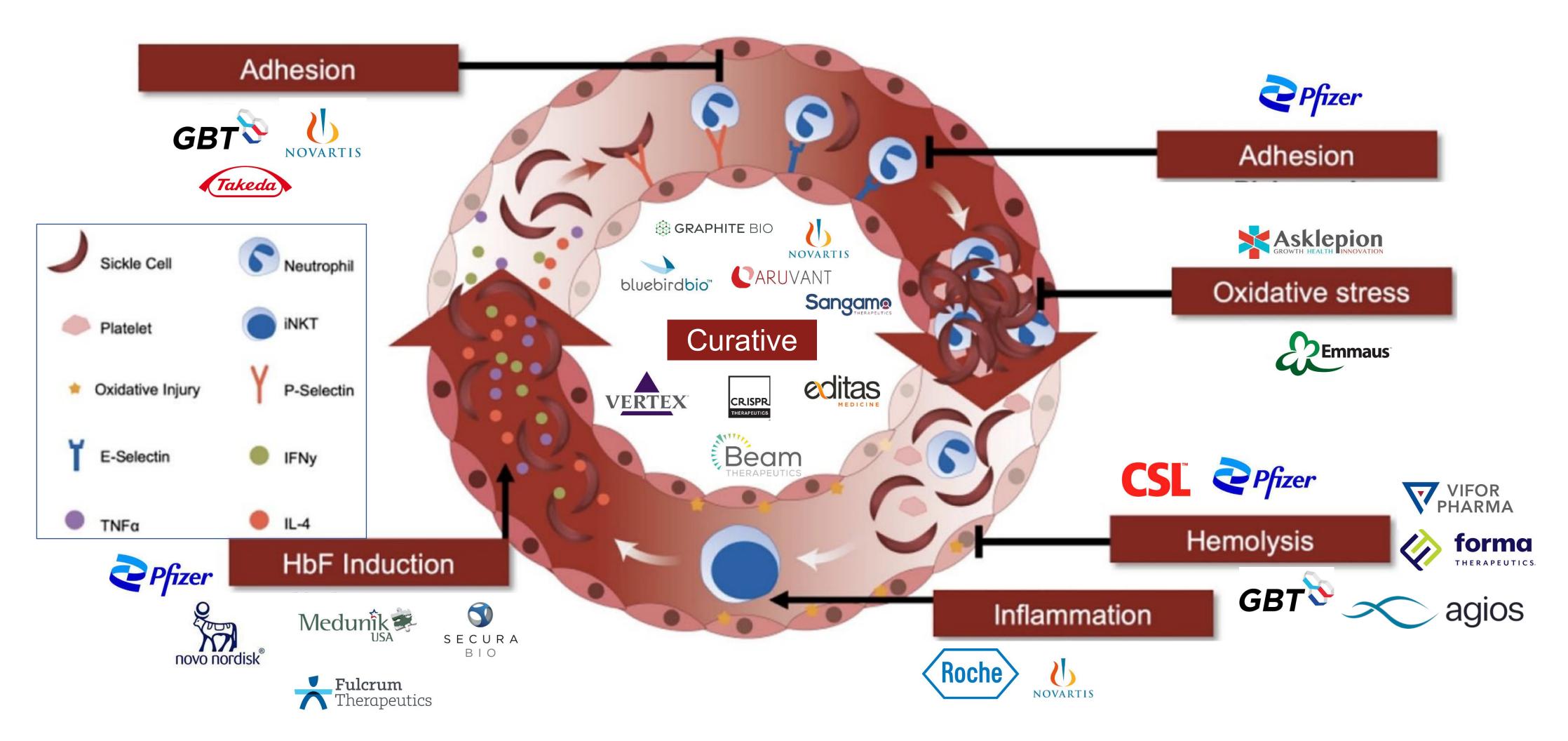
Patients with SCD are drowning.



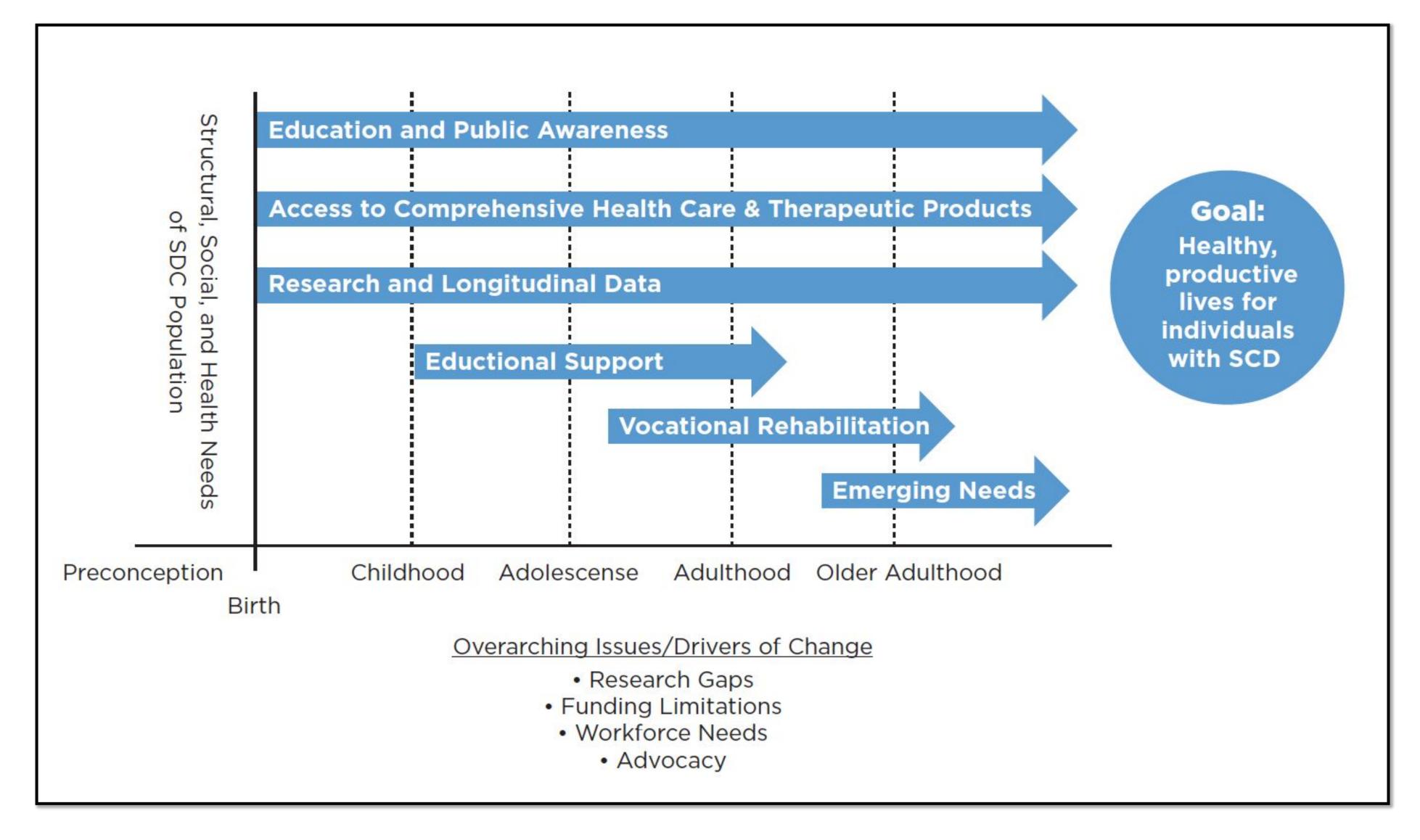
Ideas for care models, but can we fund it?



A robust pipeline, but will it get to the patients?



A blueprint to better days, but can we build it?



ubuntu

In Africa there is a concept known as 'ubuntu' - the profound sense that we are human only through the humanity of others; that if we are to accomplish anything in this world it will in equal measure be due to the work and achievement of others.

only your humanity, can re-humanize care for patients with sickle cell disease.

lamwhatlam because of who weallare





Q&A Session

12:25 - 12:30 PM



This Q&A Session will last for about 5 minutes.

Please take a moment to submit your questions via the "Q&A & Chat" box.

Dr. Ahmar U. Zaidi



Ashley Valentine, MRes Sick Cells

