

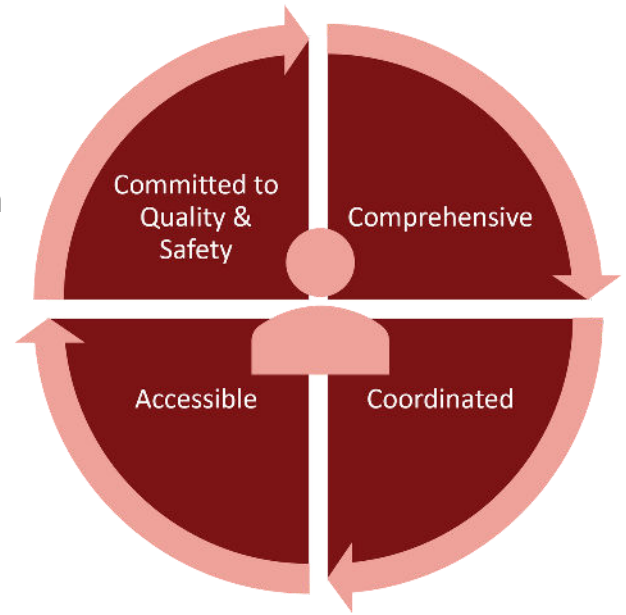
Wellness Fundamentals

Reimagining Comprehensive Care for Individuals Living with Sickle Cell Disease

Sickle cell disease is a complex chronic illness in which people require comprehensive care across the lifespan and across disciplines:

- Patients, Families, Providers, Support Networks & Health Systems
- Community-based organization/Advocacy groups
- Federal agencies, private industry and political representation
- Innovators

The end goal of a multidisciplinary, comprehensive care for individuals with sickle cell disease is a **patient-centered model**.



The best approach to the treatment of an individual living with SCD is the **bio-psychosocial approach**.



Scientific research has shown that this approach can have a significant impact on the individual's well-being. It has been proven to positively impact the course of the chronic illness, lengthen telomeres, decrease inflammation, slow aging, and improve the immune system overall.

In order to remain person focused, incorporate the wellness fundamentals:



Wellness Fundamentals created by
Dr. Marjorie Dejoie-Brewer.

For more information on sickle cell disease, please visit www.sickcells.org



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