



GUIDE FOR ADVOCATES AT DURB MEETINGS

A tool to assist **patients and advocates** when preparing oral or written comments for **Medicaid DUR Board** meetings.

(Check out the **Glossary of Terms** on Page 2)

What is a **Medicaid DUR Board**?

When **new medications** come on the market, they must go through a review by the state to decide where it will be placed on the **drug formulary** for **Medicaid**. These reviews take place by **Drug Utilization Review Boards** (DUR Boards).

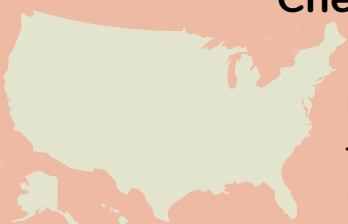
How Can Advocates Join **DUR Board Meetings**?

The **patient perspective** is important, because only a patient understands how their disease impacts their day-to-day life. Most **DUR Board meetings** have space for **patient testimony** – in either oral or written form.

What Should You Talk (or Write) About?

You are an expert in **what it is like to live with sickle cell**. You can make an impact by talking about how sickle cell affects your **physical and mental health**, challenges **your daily life**, or results in **out-of-pocket expenses**.

Check out the Sick Cells website in order to:



Use our interactive map to locate information about **DUR Boards** in each state.



Find upcoming **Medicaid** meeting dates in your local state.

GLOSSARY OF TERMS FOR DURB MEETINGS

A guide for definitions of terms used in this toolkit:



Drug Utilization Review Board (DUR Board)

A group of stakeholders that come together to evaluate and **provide recommendations** for the **Medicaid** preferred drug list (or **drug formulary**).



Drug Formulary

A **list of medications** or "preferred drugs" that an insurance company agrees to **cover the cost of** under a particular health insurance plan.



Medicaid

A state insurance program that helps with medical costs for some people with limited income and resources. **Every state's Medicaid program is different!**



Out-of-Pocket Expenses

The money that you pay for medical bills or services and **do not receive reimbursement or refunds** for. This is how much you spend (out of your own pocket) to treat your sickle cell.